TF-CBT
Sacramento
May 22, 2018
Booster Session Agenda

9:00-10:30	Facilitating the Use of TF-CBT Components-Review
10:30-10:45	Break
10:45- 12:00	Challenging Cognitive Distortions
12:00-1:00	Lunch
1:00-2:30	Childhood Traumatic Grief
2:30-2:45	Break
2:45- 4:30	Special Populations
4:30-5:00	Self Care

Booster Session Objectives

The participant will be able to:

1) list the goals of each component of TF-CBT and 3 techniques to accomplish the goals.
2) identify one technique to do gradual exposure in every PRAC component
3) identify the steps to completing traumatic grief work
4) list 5 techniques to challenge cognitive distortions